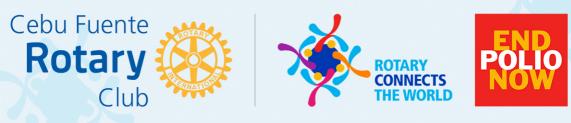
### RCCF MEETS EVERY MONDAY @ 7:30 P.M. CASINO ESPAÑOL, V. RANUDO ST. CEBU CITY VOL XXXVIII NO.: DATE: CHARTERED OCTOBER 29, 1982 CLUB # 17104

**OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860** 







🚰 www.facebook.com/rotaryclubofcebufuente 📼 info@rccebufuente.org 😚 www.rccebufuente.org





PHILIP N. TAN District Governor



PHILIP NERI ESTOCADA Assistant Governor, Area 1D



BARBETTE LOMINOQUE District Secretary



### Officers and Directors RY 2019 - 2020



KENDRICK S. SULAY President



GERALDINE RAMOS Sergeant At Arms



DR. MARY CHRISTINE G. TIO Public Image Director



PATRICK YARED Youth Service Director



EMMAN REYAN C. ABAY-ABAY Vice-President



DAVE JOHN B. KARAMIHAN Protocol Officer



MARINA E. KAUFMANN Community Service Director



JOSE ALFONSO C. ABAD International Service Director



ATTY. MANUEL CLIMACO III Secretary



KRISTOFFER A. LLEGUNAS Club Internet Communication Officer



DR. TESS ANNETTE LIBRON Community Service Director



POULY JANG International Service Director

### Advisers

4



DR. ALAIN O. SENERPIDA The Rotary Foundation Chairman

ATTY. LOLITA L. LOMANTA Vocational Service Director

RICHARD G. BARBA Past President



EMMANUEL P. TESALONA Treasurer / President-Elect



MARICEL BORROMEO-AMORES Club Membership Director



DOLORES H. RIMAZ Vocational Service Director



LUZ FILIPINAS SAN PEDRO Ways & Means



EMMANUEL CALALANG Auditor



ATTY. BERNARDINO T. AMAGO IV Club Administration Director



JOSE MARIE PONCE Youth Service Director



MANUEL L. TORRES, JR. Ways & Means



MARY ANNE A. SOLOMON Past District Governor



JOSEPH MICHAEL P. ESPINA Past District Governor

CONRADO M. ABARINTOS Past President Past



JESSELITO BARING Past President



JULIO GONZALEZ Past President



# **18th General Membership Meeting**

Casino Español de Cebu, V. Ranudo St., Cebu City January 20, 2020

**Vocational Service Month** 

Vol. 38, No. 16

### Programme

Part 1	
Call to Order	Pres. Kendrick Sulay
Invocation	Audio Visual Presentation
Philippine National Anthem	Audio Visual Presentation
The Rotary Hymn	Audio Visual Presentation
Four Way Test and Objects of Rotary	Dir. Inday Rimaz
Introduction of Rotarians / Spouses	Dir. Tess Libron
Visiting Rotarians/Rotaractors/Guest	

### PART 2

DINNER

Introduction of Guest Speaker Guest Speaker......Master Aldric Dalumpines Topic: Feng Shui 2020 Open Forum Presentation of Token / Certificates

### PART 3

limaco III
e Tesalona
ck Sulay
ck Sulay

...Fellowship Continues...

#### Quote for the Week "Believe you can and you're halfway there." - Theodore Roosevelt

Hosted by: Dir. Gingging Lomanta

### INVOCATION

Almighty God, bless us that we might strengthen our hearts and minds, to retain the ideals of Rotary and practice them at all times. Let us always hold our ethical standards high In our lives, in our homes, in our work: and ever strive to advance aoodwill, in our land and all over the earth. And grant through our faith in our friends. in our clubs, and in You, that our efforts will help us better our lives. and through our lives, better Rotary. Amen



### **Presidents Message**



Pit Senyor!

Welcome to our 18th GMM meeting. As we celebrate the feast of our patron of Cebu our beloved Sr. Sto Nino, we profess our deep reverence and faith to God as depicted in the child Jesus. The feast reminds us that through our devotion and steadfast love for God, we believers hold in our hearts that life's trials can be surpassed by offering our heartfelt petitions and pleas to our dear Sr Sto Nino.

So let us celebrate His boundless love through Sinulog.

For the month of January, it is Vocational Service month which we started with the distribution of Teddy Bears in SM City Cebu to the special kids with autism. This was in cooperation with SM and Reach Foundation. We still have several lined up projects which will be the distribution of Nebulizer to all provincial hospitals, donation of marker chair in Ayala, water projects and Blue month. We hope we can deliver all projects for the first quarter this year and finish all other projects for the 2nd qtr as well.

We are more than halfway in the Rotary year 2019-2020, we still count on all of your support despite your busy schedule to spare time and support all our remaining club activities and projects.

More power to RCCF! Thank you.



Presidenť, 019-2020

## From Secretary's Desk

Atty. Manuel Climaco III Secretary, RY 2019 - 2020

### Attendance

ROTARY ID #	LAST NAME	FIRST NAME	17th 01/06	18th 01/13	<b>19th</b> 01/20	<b>20th</b> 01/27	Perfect Attendance
6726464	Abad	Jose Alfonso					
6581939	Abarintos	Conrado	$\checkmark$				
8794289	Abay-Abay	Emman Reyan	RW				
9330462	Amago	Atty. Bernardino IV					
6218949	Amores	Maricel	$\checkmark$				
6207694	Bacalso	Cristina	$\checkmark$				
3362897	Barba	Richard	$\checkmark$				
6207695	Baring	Engr. Jesselito	$\checkmark$				
1166426	Calalang	Emmanuel	$\checkmark$				
9447387	Climaco	Atty. Manuel III					
10474763	Dondon	Don Marc					
2036342	Espina	Archt. Joseph Michael	$\checkmark$				
1166431	Gonzalez	Dr. Julio	$\checkmark$				
8944393	Jang	Pouly	RW				
3516557	Karamihan	Dave John	$\checkmark$				
8599266	Kaufmann	Marina					
10411473	Libron	Dr. Tess Annette	RW				
10234515	Llegunas	Dee Hora	$\checkmark$				
9804883	Llegunas	Kristoffer	$\checkmark$				
8794288	Lomanta	Atty. Lolita	$\checkmark$				
10709899	Ong	Jason	$\checkmark$				
6726443	Pasion	Ma. Consolacion					
10410040	Ponce	Jose Marie	$\checkmark$				
6581937	Ramos	Geraldine	RW				
8599268	Rimaz	Ma. Dolores	RW				
5476140	San Pedro	Luz Filipinas					
8794286	Senerpida	Dr. Alain	$\checkmark$				
3264107	Solomon	Mary Anne 🗸 🛛					
8543450	Sulay	Kendrick 🗸					
10709903	Tarte	Reina Fe 🗸 🛛 🔶					
9330558	Tesalona	Emmanuel	$\checkmark$				
6812215	Tio	Dr. Mary Christine					
5176670	Torres	Archt. Manuel, Jr.	$\checkmark$				
10713855	Uy	Stephen Henry	RW				
10410033	Yared Patrick		RW				
		TOTAL PERCENTAGE					

#### BIRTHDAYS

January 04 January 04 January 12 January 22

Dick Barba
Alain Senerpida
Shirley Abarintos
Teenie Tio

January 23 January 25 January 27 Manny Calalang Tina Bacalso Gaye Karamihan

#### WEDDING ANNIVERSARIES

January 05 January 08 January 08 January 18

Nonoy & Mimi Espeleta Jesse & Flora Baring Rady & Shirley Abarintos Lulu & Noel San Pedro

### **President's message**

Dear fellow Rotarians and members of the family of Rotary,

People from all over the world have multiple reasons for joining Rotary. Many new Rotarians each year join for the same reason I did — because Rotary is a great way to benefit your career. When I was a new attorney starting out in Alabama, Gay and I became partners in her father's firm. He instilled in us the value of joining Rotary as a way to build relationships and demonstrate to potential clients that we were serious professionals who held firm to values even more robust than what our profession required.

Rotary's commitment to vocational service is built on the highest ethical standards in business and professions, the recognition of the worthiness of all useful work, and the dignifying of each Rotarian's occupation as an opportunity to serve society. That last point is so important. No matter our profession, we all contribute mightily to the world when we conduct our work with integrity and always adhere to The Four-Way Test.

I have made balancing the demands of Rotary with professional and family commitments one of my priorities as president. No Rotarian should feel pressured to put in more time than a volunteer position should ever demand. This is true for several reasons, one of them being that the work we do in our day jobs is just as important to Rotary as the work we do in the organization. We carry our Rotary values everywhere, and our professional success helps build a case for Rotary every day we go into the office.

This is particularly important in our efforts to reach younger new members. We want to see a Rotary where no one is ever asked to



No matter our profession, we all contribute mightily to the world when we conduct our work with integrity.

choose between being a good Rotarian and being a good parent, business owner, manager, or employee. When we ask busy young people to join us, we should not be asking them to give up their time and freedom. We should be rewarding them with an experience that makes everything they already do even more inspiring.

Providing greater balance within Rotary will have another benefit as well: It will create opportunities for other Rotarians, including Rotaractors, to step up and take a leadership role on projects and committees. This will ensure that they remain engaged in our clubs and inspired to be Rotarians for life.

Throughout the world, Rotary is admired for its vocational service and for the time-honored values we instill in all business relationships. As we continue our work to grow Rotary, let us remember that vocational service remains a crucial selling point to potential members.

*Rotary Connects the World*, and by making Rotary's vocational service work known to people in more professions and at different stages of their careers, we will help grow our organization and make it stronger and more diverse.

MARK DANIEL MALONEY President, Rotary International







#### A message from Foundation Trustee Chair Gary C.K. Huang

Ni hao, Rotarians!

Something amazing happened in Vienna in October. A runner from Kenya named Eliud Kipchoge was the first person in history to run a marathon distance – 26.2 miles – in less than two hours.

For many years, experts thought this would be impossible. They said the human body was not capable of achieving this feat. But Kipchoge succeeded because he had an incredible team working with him. He had pacers who ran with him every step of the way, and people who made sure that he had the proper fuel and hydration. Every few miles, fresh runners were sent in to keep up the pace and help him reach his goal.

Like Eliud Kipchoge, Rotary has a great support team as we approach the final mile in our marathon journey to rid the world of polio. So many amazing Rotarians have helped pace this effort along the way, donating their time and energies to bring us close to our goal.

The World Health Organization has certified type 3 of the wild poliovirus as eradicated. This is big news! We have also gone three years without any wild poliovirus on the continent of Africa. It may soon be certified polio-free.

The final mile of our journey is a difficult one. Pakistan and Afghanistan are great challenges for us — but we have met so many great challenges before. Every time a goal has seemed out of reach, Rotarians have stood together and answered the call.

This is no time to lose our focus or to think the race is already over. Can you imagine what would have happened to Eliud Kipchoge if all of the pacers had gone home for the final 2 miles? He might never have reached his goal.

It takes a special character to pursue a difficult task all the way to the end. These are the times that we need each other most. In the *Tao Te Ching*, Laozi wrote that the journey of 1,000 miles begins with one step. But it also ends with one step. And those final steps take just as much courage as the first.

Let's make history, Rotary - the finish line is within reach!

Gary C.K. Huang

#### General Officers of Rotary International

2019-20

President

MARK DANIEL MALONEY Decatur, Alabama, USA

Vice President

Treasurer

OLAYINKA HAKEEM BABALOLA Trans Amadi, Nigeria

DAVID D. STOVALL Hall County, Georgia, USA

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FRANCESCO AREZZO Ragusa. Italy TONY (JAMES ANTHONY) BLACK Dunoon, Scotland JEFFRY CADORETTE Media, Pennsylvania, USA MÁRIO CÉSAR MARTINS Santo André, Brazil DECAMARGO LAWRENCE A. DIMMITT Topeka, Kansas, USA RAFAEL M. GARCIA III Pasig, Philippines JAN LUCAS KET Purmerend, Netherlands KYUN KIM Busan-Dongrae, Korea FLOYD A. LANCIA Anthony Wayne (Fort Wayne), Indiana, USA AKIRA MIKI Himeji, Japan BHARAT S. PANDYA Borivli, India KAMAL SANGHVI Dhanbad, India JOHRITA SOLARI Anaheim, California, USA STEPHANIE A. URCHICK McMurray, Pennsylvania, USA PIOTR WYGNAŃCZUK Gdynia, Poland

> JOHN P. HEWKO General Secretary Kyiv, Ukraine

#### Trustees of The Rotary Foundation 2019-20

Chair

GARY C.K. HUANG Taipei, Taiwan

Chair-elect

K.R. RAVINDRAN Colombo, Sri Lanka

**Vice Chair** 

KENNETH M. SCHUPPERT JR. Decatur, Alabama, USA

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GULAM VAHANVATY	Bombay, India
MICHAEL F. WEBB	Mendip, England
SANGKOO YUN	Sae Hanyang, Korea

JOHN P. HEWKO General Secretary

Kyiv, Ukraine

# **Grouping Assignments**

JULY- Rotary New Year	JANUARY-Vocational Service
Kendrick Sulay	Ging Lomanta
Butch Climaco	Inday Rimaz
Emmie Tesalona	Tess Libron

AUGUST-Membership & New Development	FEBRUARY-Peace & Conficit, Prevention/Resolution
Rady Abarintos	Dick Barba
Dina Ramos	Manny Calalang
Dee Llegunas	Sol Pasion

SEPTEMBER-Basic Education & Literacy	MARCH-Water & Sanitation
Yumi Espina	Jessie Baring
Jun Torres	Joal Abad
Julio Gonzales	Pouly Jang

OCTOBER-Economic & Community Development	APRIL-Maternal & Child Health
Meanne Solomon	Tina Bacalso
Tope Llegunas	Marina Kauffman
Teenie Tio	Newly Inducted Rotarian

NOVEMBER-Rotary Foundation	MAY-Youth Service
Alain Senerpida	Emman Abay-Abay
Don Marc Don don	Jomar Ponce
Dave Karamihan	Patrick Yared

DECEMBER-Disease Prevention & Treatment	JUNE-Rotary Fellowship
Maricel Amores	Newly Inducted Rotarian
Bernz Amago	Antong Inting
Lulu San Pedro	Francis Icamen

# **Calendar of Activities**

JAN 2020	Vocational Service
Monday, January 06, 2020	17th GMM Meeting (discuss Feb projects)
Saturday, January 11, 2020	Water tank Donation
Monday, January 13, 2020	18th GMM Meeting-Fellowship
Saturday, January 18, 2020	Fluvial Parade
Sunday, January 19, 2020	Sinulog
Monday, January 20, 2020	(NO GMM MEETING)
Saturday, January 25, 2020	Toilet bowl & Septic tank donation
Monday, January 27, 2020	18th GMM Meeting
FEB 2020	Peace & Conficit, Prevention/Resolution
Monday, February 03, 2020	19th GMM Meeting (discuss March projects)
Saturday, February 08, 2020	PETS/SETS (tentative date)
Monday, February 10, 2020	20th GMM Meeting-Fellowship Valentines
Saturday, February 15, 2020	Wheel Chair & Cane Donation
Monday, February 17, 2020	21st GMM Meeting
Saturday, February 22, 2020	Dengue Drive Awareness
Monday, February 24, 2020	3rd BOD Meeting
Saturday, February 29, 2020	
MARCH 2020	Water & Sanitation
Monday, March 02, 2020	22nd GMM Meeting (discuss April projects)
Thursday, March 05, 2020	DISCON
Monday, March 09, 2020	
Saturday, March 14, 2020	BLUE MONTH-COLORECTAL FORUM
Monday, March 16, 2020	23rd GMM Meeting
Saturday, March 21, 2020	<b>BLUE MONTH-FREE CLINIC &amp; CONSULTATION</b>
Monday, March 23, 2020	24th GMM Meeting
Saturday, March 28, 2020	SUMMER BEACH OUTING FELLOWSHIP
Monday, March 30, 2020	



### **JANUARY** events

### **18-19** Art attack

EVENT:	Fine Arts & Crafts Festival
HOST:	Rotary Club of Venice-Nokomis, Florida
WHAT IT BENEFITS:	Local youth organizations
WHAT IT IS:	A host of talented artists and crafters bring their
	wares to this fest, which features painting, jewelry,
	ceramics, glass, photography, sculptures, mixed

# **Fit to sprint**

EVENT: New Year's Day 5K

#### **HOST:** Rotary Club of Brentwood, California

#### WHAT IT BENEFITS: Local charities

WHAT IT IS: If fitness is your New Year's resolution, this race is the perfect way to kick off the month. Last year more than 230 athletes joined the fun, and even more are expected to lace up for the neighborhood course this year.

### 18 Glow with the flow

- EVENT: Just Glow With It 5K
- **HOST: Rotary Club of Downtown Ormond** Beach, Florida

#### WHAT IT BENEFITS: Local charities

WHAT IT IS: This evening run along the beach lights up the night: Participants are covered in glow-inthe-dark paint and carry glow sticks. The whole family is welcome to participate.

### 25

media, and crafts.

### As seen on TV

- EVENT: Amazing Race to Recovery
- HOST: Rotary Club of Colonie-Guilderland, **New York**

#### WHAT IT BENEFITS: Second Chance Opportunities

WHAT IT IS: Competitors in this Amazing Race-inspired event complete tasks and overcome obstacles in a local shopping mall. Proceeds support an organization that runs a community recovery center for those affected by substance abuse disorders.

### $\mathbf{26}$ Just keep swimming

#### EVENT: Great Australia Day Swim

**HOST:** Rotary Club of Brighton, Victoria, Australia

#### WHAT IT BENEFITS: Local charities

WHAT IT IS: Whether you're looking for a 650-meter swim or a more ambitious distance of 1,400 or 2,500 meters, you'll find a challenge in this open water swim. There's also a "junior dash" of 200 and 300 meters for eight- to 12-year-olds. All are welcome to enjoy live entertainment and food.



# **Rotary Info**

### **JANUARY 2020 CLUB INVOICE**

Club invoices are due to be sent out sometime mid to third week of January. These will be sent to ALL club officers to ensure that the club receives the invoice. While we acknowledge that it is the President, Secretary and Treasurer who are the primary roles responsible for this, unfortunately, the baseline level of club officer information is low that we find this to be necessary.

Invoices are based on membership numbers updated as at 1 January 2020. Fees due this semester are at USD34 per member. Members inducted from 2 July to 1 December 2019 will be charged prorata dues on this invoice.

10% GST applies for Australian clubs.

#### REINSTATEMENT FEES FOR CLUBS TERMINATED FOR JULY 2019 CLUB INVOICE

Clubs that have been terminated for nonpayment or for having outstanding balances above USD250.00, can be reinstated up to **20 April 2020**, with a signed reinstatement form with the current membership list, reinstatement fees of USD30.00 per member and all outstanding balances. Please coordinate with the respective Finance Coordinators should you need further assistance.

Note that payment **<u>and</u>** all necessary documentation should be received by **20 April 2019**.

### **CLUB AND DISTRICT SUPPORT**

### BRAND CENTRE UPDATE

The <u>Voice and Visual Identity Guide (547A</u>) and <u>Identity at a Glance (547B</u>) have been updated and are now available in the Brand Center: <u>https://brandcenter.rotary.org/en-GB/Our-Story</u>



Please share with your District Public Image Chair and other District & Club Leaders.



### **MY ROTARY UPDATE – DISTRICT APPOINTMENTS**

Following a recent My Rotary update to District Appointments functionality: DG's, DGE's and District Executive Secretaries are now able to -

- Search and select Rotaractors to District Chair roles
- Appoint District Executive Secretaries online
- Appoint the District Rotaract Representative as part of the regular District Appointments

https://my.rotary.org/en/manage/club-district-administration/district-administration

UPCOMING KEY DATES				
2020				
19 - 24 January	DGE - International Assembly in San Diego, USA.			
February	DG Funding Budgets for 2020-21 to be advised to District Governor-elects and District Finance Chair.			
6 - 10 June	International Convention in Honolulu, Hawaii. Registrations are now open.			
30 June	DG – Deadline for submission of District COL representative 2019-2022 via online form to Council Services.			
30 June	DG - Deadline for submission of DGN Data Form to CDS.			
30 June	IPDG – Deadline for submission to CDS of (Audited) District Financial Statements for year ended 30 June 2019 along with copy of minutes from meeting where adopted. (Refer RI Bylaws Article 15.060.4).			

### **Speaker's Profile**



## ALDRIC DALUMPINES Pambansang Feng Shui Master

# Feng Shui 2020

What's Your 2020 Feng Shui? By Master Aldric

In feng shui the ratings for career, luck, love, health and prosperity are better than actuarial science specially for the feng shui experienced adherents!

And it ranges from fades of from worst, bad, good, better, best and excellent. Just like school grades of Failed, (F), Below Average or C, Average or B, Above Average or B+, Superior or A minus and Excellent or A!

This applies for every Chinese zodiac sign and category of life aspirations. let's go!

Rat (1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008, 2020) Career = Bad Luck = Worst Love = Bad Health = Worst Prosperity = Worst

**Ox (1937, 1949, 1961, 1973, 1985, 1997, 2009)** Career = Better Luck. = Excellent Love = Excellent Health = Best Prosperity = Excellent

**Tiger (1938, 1950, 1962, 1974, 1986, 1998, 2010)** Career = Best Luck = Excellent Love = Excellent Health = Better Prosperity = Excellent

Rabbit (939, 1951, 1963, 1975, 1987, 1999, 2011) Career = Excellent Luck. = Best Love = Excellent Health = Best Prosperity = Best Dragon (940, 1952, 1964, 1976, 1988, 2000, 2012) Career = Best Luck. = Better Love = Excellent Health = Better Prosperity = Better

Snake (1941, 1953, 1965, 1977, 1988, 2001, 2013) Career = Better Luck. = Best Love = Good Health = Good Prosperity = Best

Horse (1942, 1954, 1866, 1978, 1990, 2002, 2014) Career = Bad Luck = Worst Love = Bad Health = Bad Prosperity = Worst

Sheep (1943, 1955, 1967, 1979, 1991, 2003, 2015) Career = Excellent Luck = Good Love = Good Health = Good Prosperity = Best Monkey (944, 1956, 1968, 1980, 1992, 2004, 2016) Career = Bad Luck = Worst Love = Bad Health = Good Prosperity = Bad

Rooster (945, 1947, 1969, 1981, 1993, 2005, 2017) Career = Better Luck = Best Love = Good Health = Good Prosperity = Best

Dog (1946, 1958, 1970, 1982, 1994, 2006, 2018) Career = Good Luck = Good Love = Good Health = Bad Prosperity = Good

**Pig 18(47, 1959, 1971, 1983 1995, 2007, 2019)** Career = Good Luck = Better Love = Good Health = Excellent Prosperity = Best

Remember, these grades can be remedially improved by the right feng shui of all properties you own or lease or inherit inclusive of memorial burial sites! And any new acquisition rental, inheritance or selling of property.

Choose feng shui master wisely so as not to be fooled or robbed.

Its also an excellent year for all mothers and mother to be. But a very bad year for eldest sons! And only son.



### March 5 - 7, 2020 I Cebu Grand Convention Center, Cebu City

#### FREQUENTLY ASKED QUESTIONS (FAQs) ABOUT THE DISCON 2020

#### 1. What is Rotary DISCON?

DISCON is shortcut for District Conference. Each year, Rotary districts are asked to hold a conference for club members so they can learn about what's happening in Rotary and their district, and meet other Rotarians in the area.

2. When and where will the Rotary International (RI) District 3860 DISCON 2020 be held? RI District 3860 DISCON will be held on March 5 to 7, 2020 at the Cebu Grand Convention Center, Archbishop Reves Avenue, Cebu City,

#### 3. What happens during DISCON 2020?

District Conferences usually include the following:

- a. A visit from a president's representative, who gives an update on Rotary International and inspires and motivates participants
- Reports by the District Governor to the district, including its successes and challenges
- c. An official business meeting to discuss and vote on important district matters
   d. Local and international speakers giving information on topics relevant to district members
- e. Time to network, reconnect with friends, and find inspiration for continuing service and community leadership

#### 4. Are there any other events in the DISCON 2020?

Golf and Bowling Tournaments will be hosted by the Rotary Club of Cebu Port Centre on March 4, 2020. A spouses' tour will also be organized and hosted by Spouse Judith Tan.

#### 5. Aside from Rotarians, who else may attend the DISCON 2020?

Rotarian spouses and Rotaractors may also attend.

#### 6. How much does the DISCON 2020 registration cost?

PARTICIPANT	On or Before January 31, 2020	After January 31, 2020
Rotarian	P4,500.00	P6,000.00
Spouse (may choose any one or all of the given events)	P3,000.00	Not applicable
Rotaractor	P3,000.00	Not applicable

7. Is there Onsite Registration? NO ONSITE REGISTRATION ANYMORE.

#### 8. What does the registration fee cover?

The registration covers the meals, kits, IDs, attendance to trainings and functions for the entire duration of the DISCON 2020. Bowling and golf events will have separate assessments. These will be announced separately by the host club.

#### 9. Who is the DISCON 2020 host and Chairman?

Rotary Club of Cebu West with Omar Maxwell Espina as the Chairman.

#### 10. How do I register to the DISCON 2020?

Registration is done ONLINE. Copy this link https://rebrand.ly/dfac2, paste to your browser and enter to register, then fill out all required fields. You must have a soft copy of your payment slip ready because you will need to upload it when you register. Your registration will not be completed without the payment slip attached to the registration form.

To know your rights when giving out personal information, take time to read the Data Privacy Agreement and Consent in the Registration Form.

11. How do I pay? Please deposit your payment to: Account Number: 9121-0074-84 Bank: BPI Robinson's Galleria Account Name: RC CEBU WEST ROTARIANS, INC.

#### 12. Is there club listing and how much is it?

Yes, there is club listing at P3,500.00 per club. Please deposit payment for the club listing to the same account listed above. Please use the same account details for the payment.



### March 5, 2020 | 6:00 PM Cebu Grand Convention



0-0



Malac

March 6, 2020 | 6:00 pm Cebu Grand Convention Center Attire: Formal Chinese-inspired



# **Hotline Numbers**



# Cebu City Government





Need an Ambulance?

0947-178-0000

0947-178-9999



In case of Fire?

Cebu City Fire Station



Police Assistance? 0939-911-9111 Police & Emergency Related

> Garbage Pickup? 0912-444-5555 Basura Hotline

Sidewalk vendors or illegal fence?





Questions about the Long Life (Daily Delivery of Free Medicines Project)? 0939-911-3232 Long Life Medical

Assistance Office



Senior Citizen Assistance? 0922-718-7266 Office of the Senior Citizens Affairs Office



Building Permit? 0943-848-6237 0939-911-3233 Office of the Building Official



Lamp post problem? 0932-727-6489 Street lighting Hotline



Having problem with your drainage? 0967-246-9552 Drainage Declogging



0917-842-3772 Business Permit Section

Need help with a Business Permit?



Want to report a traffic violator to CITOM?

0939-999-3232

City Traffic Management Office (CITOM)



Have a problem with your Barangay that the Captain cannot/will not fix?

0939-939-1111 Barangay Affairs Office



Need assistance for Hospitalization and Medicines?

0932-727-6454 City Hospitalization Assistance and

Medicines Program (CHAMP)



Persons With Disabilities? 0932-727-6476 Department of Social Welfare and Services



Burial Assistance? 0998-999-3232 Burial Assistance Office



Text mate the Mayor? :D 0917-329-9999 MAYOR TOMMY OSMEÑA

# A Dose of Positive Thoughts



### MARICEL BORROMEO-AMORES GML Editor -In-Chief, District 3860 President, RY 2017-2018

Men by nature would like to take control of their lives. But in reality, we are sometimes governed by the choices and expectations of other people especially those we idolize, honor, respect, and love.

Certainly there are times when you feel that you are living someone else's life and not truly authentic. Take

the simple test of buying signature clothes or things with THE BRAND- even if it is your personal choice or you are dressing up for yourself, still the influence of the brand has stitched their way to your persona that nudged you to buy it. However, the control to purchase it or the direct action to buy it gives you the euphoria that you took control and bought it out of your own volition. We then confidently say to ourselves...truly I know who I am because I know what I want ... but can you really predict who you will be ? Unfortunately no ! But only wish and hope that you will become what you want to be. Thus, you take on the journey towards your goal of what you want to become in

"We know what we are, but know not what we may be."

your life. That is the first step.

Nonetheless, the major step one needs to take is to control our thinking. Focus on where you want to go and stand by the choices you make. The choices we make on how to react to certain situations will greatly affect your well-being. Always remember the rule- 10% is what happens to us and 90% is how we react to it. But do not fret or feel guilty if once in a while you react badly because as human beings, hormones and emotions get the better of us- we are not programmable robots. When the high tide subsides, give peace to yourself that you have weathered the storm and look forward to the sunshine that will be brighten you



# From RCCF Album

### 12-05-2019 RCCF Christmas Party





# From RCCF Album

### 01-11-2020 January Birthday Fellowship





# From RCCF Album

### SM Teddy Bear Giving to Persons with Autism







### SHARE ALOHA with 'ohana

Honolulu, Hawaii, USA | 6-10 June 2020 Register today at riconvention.org



# WHAT TO DO? VOLCANIC ERUPTION



Follow any evacuation orders issued by authorities, and put your emergency plan into action.



Listen to a local station on a portable, battery-operated radio or television for updated emergency information and instructions.



Keep as much of your skin covered as possible.



Wear a dust mask designed

to protect against lung

irritation from small particles.



Protect your eyes by wearing goggles. Wear eyeglasses, not contact lenses.



Bring animals and livestock to designated evacuation areas



Close all windows and doors to keep volcanic ash from entering.



Ready your family lifeline kit for possible evacuation.



Take note of emergency numbers: REDCROSS HOTLINE: 143 PRCNHQ: 8790 2300



ALWAYS FIRST. ALWAYS READY. ALWAYS THERE



# Cebu Fuente Rotary Club

# 100% PAUL HARRIS CLUB in Rotary International District 3860 for RY 2016-2017





# www.rccebufuente.org info@rccebufuente.org



### Invite someone to become a





# **Rotarian** today.

# Join Rotary Club of Cebu Fuente









**Spread the Word!** 

# **On the Spotlight**



### Fellowship Night with January Birthday Celebrant

NOTES:	
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